



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Full Report (All Nutrients) 19070, Candies, butterscotch

Report Date: June 26, 2017 16:22 EDT

Nutrient values and weights are for edible portion.

Food Group : Sweets

Carbohydrate Factor: 4 Fat Factor: 9 Protein Factor:4 Nitrogen to Protein Conversion Factor:6.25

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 oz 28.35g	3.0 pieces 16g
Proximates						
Water	g	5.25	--	--	1.49	0.84
Energy	kcal	391	--	--	111	63
Energy	kJ	1638	--	--	464	262
Protein	g	0.03	--	--	0.01	0.00
Total lipid (fat)	g	3.30	--	--	0.94	0.53
Ash	g	1.01	--	--	0.29	0.16
Carbohydrate, by difference	g	90.40	--	--	25.63	14.46
Fiber, total dietary	g	0.0	--	--	0.0	0.0
Sugars, total	g	80.46	--	--	22.81	12.87
Minerals						
Calcium, Ca	mg	4	--	--	1	1
Iron, Fe	mg	0.01	--	--	0.00	0.00
Magnesium, Mg	mg	0	--	--	0	0
Phosphorus, P	mg	1	--	--	0	0
Potassium, K	mg	3	--	--	1	0
Sodium, Na	mg	391	--	--	111	63
Zinc, Zn	mg	0.09	--	--	0.03	0.01
Copper, Cu	mg	0.001	--	--	0.000	0.000
Manganese, Mn	mg	0.001	--	--	0.000	0.000
Selenium, Se	µg	0.6	--	--	0.2	0.1
Vitamins						
Vitamin C, total ascorbic acid	mg	0.0	--	--	0.0	0.0

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 oz 28.35g	3.0 pieces 16g
Thiamin	mg	0.012	--	--	0.003	0.002
Riboflavin	mg	0.016	--	--	0.005	0.003
Niacin	mg	0.002	--	--	0.001	0.000
Pantothenic acid	mg	0.004	--	--	0.001	0.001
Vitamin B-6	mg	0.000	--	--	0.000	0.000
Folate, total	µg	0	--	--	0	0
Folic acid	µg	0	--	--	0	0
Folate, food	µg	0	--	--	0	0
Folate, DFE	µg	0	--	--	0	0
Choline, total	mg	0.8	--	--	0.2	0.1
Vitamin B-12	µg	0.00	--	--	0.00	0.00
Vitamin B-12, added	µg	0.00	--	--	0.00	0.00
Vitamin A, RAE	µg	28	--	--	8	4
Retinol	µg	27	--	--	8	4
Carotene, beta	µg	6	--	--	2	1
Carotene, alpha	µg	0	--	--	0	0
Cryptoxanthin, beta	µg	0	--	--	0	0
Vitamin A, IU	IU	100	--	--	28	16
Lycopene	µg	0	--	--	0	0
Lutein + zeaxanthin	µg	0	--	--	0	0
Vitamin E (alpha-tocopherol)	mg	0.09	--	--	0.03	0.01
Vitamin E, added	mg	0.00	--	--	0.00	0.00
Vitamin D (D2 + D3)	µg	0.0	--	--	0.0	0.0
Vitamin D	IU	0	--	--	0	0
Vitamin K (phylloquinone)	µg	0.3	--	--	0.1	0.0
Lipids						
Fatty acids, total saturated	g	2.065	--	--	0.585	0.330
4:0	g	0.130	--	--	0.037	0.021
6:0	g	0.081	--	--	0.023	0.013
8:0	g	0.048	--	--	0.014	0.008
10:0	g	0.102	--	--	0.029	0.016
12:0	g	0.104	--	--	0.029	0.017
14:0	g	0.299	--	--	0.085	0.048

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 oz 28.35g	3.0 pieces 16g
16:0	g	0.872	--	--	0.247	0.140
17:0	g	0.022	--	--	0.006	0.004
18:0	g	0.402	--	--	0.114	0.064
20:0	g	0.006	--	--	0.002	0.001
Fatty acids, total monounsaturated	g	0.845	--	--	0.240	0.135
16:1 undifferentiated	g	0.039	--	--	0.011	0.006
18:1 undifferentiated	g	0.802	--	--	0.227	0.128
20:1	g	0.004	--	--	0.001	0.001
22:1 undifferentiated	g	0.000	--	--	0.000	0.000
Fatty acids, total polyunsaturated	g	0.122	--	--	0.035	0.020
18:2 undifferentiated	g	0.110	--	--	0.031	0.018
18:3 undifferentiated	g	0.013	--	--	0.004	0.002
18:4	g	0.000	--	--	0.000	0.000
20:4 undifferentiated	g	0.000	--	--	0.000	0.000
20:5 n-3 (EPA)	g	0.000	--	--	0.000	0.000
22:5 n-3 (DPA)	g	0.000	--	--	0.000	0.000
22:6 n-3 (DHA)	g	0.000	--	--	0.000	0.000
Cholesterol	mg	9	--	--	3	1

Amino Acids

Other

Alcohol, ethyl	g	0.0	--	--	0.0	0.0
Caffeine	mg	0	--	--	0	0
Theobromine	mg	0	--	--	0	0